

Mission

life is a path you take

don't hesitate in life
just live
don't cry
for the past
it's a mystery no one knows
you cannot know
first you have to feel
then you have to practise
then you can master it
the masters of life live their lives easy
no stumbling or fighting
just living easily and free
no boundaries no impossibility
no struggling
its purpose is loving
no fear for each other
no pain

love is the key
when there is love there is no pain
you cannot feel love and pain in the same time
when you feel pain its no love
it's
hardship its blaming the other for not giving what we expect
something we have to give ourselves
help yourself so you can help others eventually

feel in your heart the joy
and let go tears
let go misery
and breathe
breathe life in all its beauty

Tears is just letting go of the past
anger is resistance to the past or present
love is full acceptance of the blessed moment
and love is free
no more tears
no more trouble

it's an evolution towards love
at first you have sex
animal sex it's the root of spirituality
You cannot deny it
When you cut the root the tree will die

Love is the tree
its more free to grow
and never to blame others for not giving them what we desire
its hope its reaching for the sky
it will come to this point when you let sex in your life

dont be afraid
its life
dont be afraid of love
its harmless its peaceful
its the most beautiful thing there is

its an illusion that love brings pain
its not love
its neediness
its selfpity
The problems in ourself can only be solved with love
Love is very powerfull

its a healing power

But when you are afraid of sex you cut the roots of love

Its simply a misunderstanding that love is pain

now, compassion
let love be and soon you will find the rules of compassion
compassion is more freely and its about understanding
But you can't understand if you havent experienced it

its the same with cooking
you cant understand the taste of a (cookie)pie when you havent eaten it
you can pretend but is is a dream
it s simply made up

so be yourself and let love be in your life. Its the key of understanding the universe

God bless
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